



# Florida State USBC



## FLORIDA STATE USBC NEWSLETTER

June 2023

### President's Message

Fred McFarland

As our winter leagues are coming to an end, our tournament season begins. The Florida State Open Championship is underway. The Florida State Women's Championship has wrapped up. The Youth Scholarship tournament is underway. The Pepsi that was held in March was a huge success. Be on the lookout for the entry forms for the Senior Women's in November to be held at Pinchasers East Pasco. The Men's State Tournament also in November to be hosted by East Volusia USBC Assoc.

It's time to be choosing your delegates to the annual meeting in October at the Crowne Plaza in Fort Myers. More information will be forth coming in the next few months. Hope to see everyone there.

I would like to thank Katheryn Auton for her service to the Florida State bowlers. Katheryn has chosen to retire as the Association Manager. We wish her well in any future endeavors.

The Florida State USBC Board of Directors is accepting applications for the association manager's position. The deadline to send in an application is June 15<sup>th</sup>. Applications can be found on our website.

### FSUSBC Tournaments

Toni Maddux

A reminder to all local associations **June 30th is the deadline** to bid on our 7 state tournaments for 2025. The **PEPSI** runs 5 weekends in March and April, skipping Easter. This past year had 2600 entrants way up in Tallahassee. The **OPEN**, our largest tournament, runs 8 weekends in May and June. This year around 600 team entries. The **YOUTH SCHOLARSHIP** runs 3 weekends beginning the first weekend of June. This past year there were over 300 team entries. The **Women's Championship** runs 3 weekends and is held the last 2 weeks of May and the 1st week of June. The **Mixed**

**Tournament** is held the first 2 weeks of April. The **Women's Senior Tournament**, for women over 50, runs 2 weekends and is held the first 2 weekends in November. **The Men's Tournament runs** 4 weekends and is held the last weekend of October and the first 3 weekends of November.

Submit a bid today, you owe it to your members to host a tournament in their area. On all of our adult tournaments the locals receive 75% on all profits at the end of the tournament you host. It is a great opportunity to increase your association bottom line! For those associations with smaller centers consider bidding on the smaller tournaments. If you have **ANY QUESTIONS** on how to submit a bid or questions about what is required for each tournament, please contact Toni Maddux anytime 386-290-8310 or email [tmaddux36@gmail.com](mailto:tmaddux36@gmail.com) Looking forward to hearing from you.

I would like to personally thank Katheryn Auton, our retiring Association Manager and Tournament Manager for her 27 years of service and dedication to the Florida bowlers. I have worked with Katheryn every year she has been on the state board. I think I am the only person that can say that. As a past president and she as an association manager we have been through many difficult times and many memorable fun times, it kind of goes with the territory. I only wish her the best in the future.

[Marion County USBC](#)

[Debbie Whitten](#)

Here we are going into the 6<sup>th</sup> month of the year already. Hard to believe that half a year is almost over and we will be moving into the fall season for league bowling. Where has the time gone?

On the local scene all local tournaments are in the history books. Participation was down a little and there are many reasons for the decline. No need to rehash what most all associations are facing so let's try and be positive that the summer leagues will see an increase and the fall season will pick up as well.

The annual general membership meeting of the Marion County USBC Association was held on May 6, 2023, and attendance was slight to say the least considering there are approximately 800 certified bowlers 14 or older eligible to attend. Elections were held and there was no real business to discuss so the meeting was short and to the point. If you were not at the meeting to ask questions, then don't complain about how something is done by the association if you are not willing to be a part of the solution do not always be the one causing the problem.

There will be one inductee into the Marion County USBC Hall of Fame for superior performance, Charlie Axe, Jr. Also being recognized will be Vito Sisto for setting a new city

record of 890 in November 2022, along with recognition of Keith Dumphy for his work with the youth and his contribution of funds to offset their bowling fees for several months. All these festivities will be held on June 10, 2023, at the Braised Onion Restaurant. Congratulations to all of these individuals for their accomplishments.

A question came up the other day about the certification sticker on the doors of the local bowling centers. Some of the bowlers assumed that the lanes were being inspected or certified and that is why the sticker is on the door. That is not the case. The last time the lanes were physically inspected by a team of officers/directors from the local association board was in 2017. Since that time USBC “grand fathered” in all centers and just send out stickers yearly. There are issues with pins not being on spot and probably lanes that are not within specifications; however, USBC has said that they are sending around inspection crews to inspect and certify lanes. Unsure when that is going to happen here in Ocala.

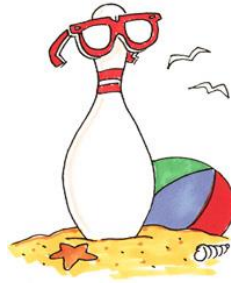
In addition, the foul lights at one of the centers has not been working for several years and we heard that they were working on them, and the gentleman got “shocked” so they are having to bring in someone else to try and track down where the issue is. Will we ever have foul lights - who knows?

New fans were installed, and lights were hard wired into the fan so that when the fan is turned on the light comes on (an orange bulb - not white) and the light generates heat so why turn on the fan if it is going to push hot air down on the bowler??? Just wondering why the lights had to be hard wired with the fan so there is no way to not have the light on? Again, AMF at its finest.

The Open and Women’s State Tournaments are in full swing and current (unofficial) standings are posted on the Florida State USBC website and sometimes on their Facebook page. The Open Tournament concludes the end of June and the Women’s Tournament concludes on June 4.

I am honored that the Florida State USBC Association allowed me to assume the position of Tournament Director for the Florida State USBC Women’s State Tournament. We have 2 weeks completed and one week to go. It has been a pleasure greeting all the ladies that come from around the state to participate and to put faces to some of the names that I have talked with on the phone or corresponded with via e-mail. As with anything there have been some bumps along the road, but it will all work out. Not all the issues have been with the tournament but with the center in which one of the events is being held. In 2024 all events (team/doubles/singles) will be held in one center so the squads should be larger, and it should be easier traveling to one center each day to participate.

I think that is about all there is for now. See you in the Fall.



GCUSBC

James Stickler

## The Ever-Changing Landscape of Bowling: Nurturing the Love for the Sport

Bowling, a beloved pastime for many, has evolved significantly over the years, with various changes shaping its landscape. As a Bowling Association and dedicated enthusiasts, it is our responsibility to adapt, embrace new developments, and ensure the continued growth and support for bowlers. This article explores the evolving nature of bowling, including the introduction of string bowling, ball specification changes, rule changes, reduced sanctioned bowlers, shifts in bowling center ownership, and the transition from league bowling to a focus on open bowling and parties. Amidst these changes, it is vital to stay focused on our ultimate goal: supporting bowlers and fostering a bright future for the sport we love.

### 1. Embracing New Technologies:

The advent of string bowling has revolutionized the game, presenting bowlers with a different set of challenges and opportunities. As a Bowling Association, we must support and encourage bowlers as they adapt to this new format, ensuring fair play, and maintaining the integrity of the sport. Offering training programs and educational resources can help bowlers develop the skills needed to excel in string bowling and embrace the change.

### 2. Ball Specification Changes:

Bowling ball technology continues to advance, introducing new possibilities for players. However, it is crucial to strike a balance between innovation and preserving the essence of the sport. The Bowling Association plays a vital role in monitoring and implementing ball specification changes to maintain fairness and competitiveness. By establishing clear guidelines and enforcing regulations, we can ensure that bowlers have a level playing field while still enjoying the benefits of technological advancements.

### 3. Nurturing a Strong Bowling Community:

Despite the challenges posed by a reduction in sanctioned bowlers, it is essential to focus on nurturing a vibrant bowling community. By organizing events, tournaments, and leagues, we can provide bowlers with opportunities to connect, compete, and improve their skills. Collaborating with bowling centers, sponsors, and local communities can create a sense of belonging and support for bowlers, attracting new participants and keeping the love for bowling alive.

#### 4. Shifting Bowling Center Ownership:

The landscape of bowling centers has evolved, with a noticeable shift from league bowling to a focus on open bowling and parties. While this transition presents new challenges, it also offers opportunities for growth. Bowling centers can adapt by diversifying their offerings, creating family-friendly environments, and investing in technology to enhance the overall experience. By aligning our efforts with these evolving trends, we can ensure the continued accessibility and enjoyment of bowling for all.

#### 5. Focusing on the End Goal: Supporting Bowlers:

Amidst the ever-changing landscape of bowling, it is crucial to keep our ultimate goal in mind: supporting bowlers and creating a better future for the sport. By actively listening to the needs and aspirations of bowlers, continuously adapting our programs and initiatives, and promoting inclusivity and diversity, we can foster an environment where all bowlers feel valued and motivated to excel. Collaboration between the Bowling Association, bowling centers, and bowlers themselves is key to driving positive change and securing the future of the sport.

The sport of bowling is undergoing constant transformation, presenting both challenges and opportunities. As the custodians of the sport, it is our responsibility to adapt, embrace change, and nurture the love for bowling. By supporting bowlers through new technologies, monitoring ball specifications, fostering a strong bowling community, navigating changing ownership dynamics, and keeping our focus on the end goal, we can create a thriving future for bowling. Together, let us champion the sport we love and ensure its enduring place in the hearts of bowlers worldwide.



Hello from Southwest Florida! I hope this issue of the newsletter finds everyone doing well!

For us in Southwest Florida, things are starting to look up! We have seen businesses re-open in the hardest hit areas from Hurricane Ian, like Fort Myers Beach and Sanibel. I have heard of people being able to move back into their damaged homes, too. Don't get me wrong... there are still displaced families, businesses that will never be able to re-open, tons of blue tarps still on roofs from being damaged, etc. But we are "Florida Strong!" I have always believed that "where there's a will, there's a way." And we are doing just that! Our lives have been turned upside down, but we are proving every day that we've got this! I am sure there have been many thoughts and prayers sent our way over the last 8 months. So, let me speak for everyone... "THANK YOU!" We truly appreciate everyone's support!

Now on to what's happening in our area with the sport we all love... BOWLING!

At the end of April, two of our local bowling centers in Cape Coral, Bowland Coral and HeadPinz Cape Coral, were purchased by Bowlero. Bowlers in our area were not sure what to expect. However, Bowlero has promised to keep the leagues that are currently in play for next year, keep High School Bowling in the centers AND allowed us to still host the Women's state tournament Team Event at Bowland Coral. (Lightning Strikes in Fort Myers is the host for the singles and doubles event) So, just by hearing this awesome and positive news, I think our bowlers will be in for a pleasant surprise under the new ownership. I would like to thank Pat and Lisa Ciniello, the previous owners of these two centers, for their hard work and dedication over the last 30+ years to the bowlers in Southwest Florida. But Pat and Lisa aren't going far as they still own other local centers in our area. Change is never easy for anyone, but I know that our bowlers will keep an open mind and welcome the new ownership.

In other news, our Association was able to donate \$15,000 to the local VA hospital in Cape Coral at the beginning of April. What a joy it was for me to be able to attend the meeting when we presented them the check. It was awesome to meet the grateful folks that worked at the VA and to listen to them explain how these funds were going to help local veterans. If it wasn't for the bowlers in our area, we would not have been able to make this donation. So, thank you Southwest Florida bowlers!

Then, also at the end of April, I and 4 other Board members were lucky enough to represent our Association at the 2023 USBC Convention at South Pointe in Las Vegas. We

all attended several seminars, participated in electing/re-electing National Board members, voted on possible rule changes, heard about the future of string pins, watched in awe when the new slate of members were inducted into the USBC Hall of Fame and learned more in depth about BVL, TNBA and Bowl for the Cure. During those few days, we all received some great ideas to bring back home with us and was able to enjoy the time with other Association's members. I was grateful to be invited to attend the Bowl for the Cure luncheon that was held during the convention. As a breast cancer survivor myself of just 2 years now, this luncheon gave me the opportunity to speak with other survivors and to learn of their stories about how they were beating this horrible disease. I have to say that this is a group that I wish none of us were a part of. However, this group of bowlers showed me to always keep the good fight up! We've got this.... TOGETHER! So, thank you USBC for setting up this luncheon and providing this opportunity for this group to spend quality time together.

Lastly, as I mentioned earlier, we are the host of the Women's State tournament this year. We have completed two of the three weekends as I write this. I have seen lots of laughs, some frustration on the lanes, some good scores and some "not so good" scores. But what I do KNOW is that these women look forward to this tournament every year! I am so happy to be a part of the host Association. Yes, we have had a couple of hiccups along the way. There has been a few lane problems and some staffing issues at one of the centers. But, overall, so far, things are going great! I look forward to the final weekend and to see who ends up on the top of each division this year.

It is now June, which means a couple of things.... fall bowling leagues are finishing up, summer leagues are beginning, and hurricane season is here again. I wish everyone luck and hope you have fun and bowl well in your summer leagues. Lastly, I hope and pray that none of us have to deal with the threat of any hurricane this year. Please be safe!

See ya'll out on the lanes!

[Greater Miami USBC](#)

[Sharon Colon](#)

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Greetings everyone! It's finally time for a little break. Almost all of our winter season leagues have finished and most of our tournaments are over. The only remaining commitments are our Adult and Youth "Top 8" events where the "cream of the crop" can show off their skills.

Looking back, we can find many reasons to celebrate. There were lots of honor scores shot and even more individual best scores achieved. In addition to that we are going to be able to donate a large sum of money to our two charities.

The Summer solstice will occur in 3 weeks, but our summer leagues will already be under way. This is a great chance for everyone to try something new to see if they can improve their game. Our state gets very hot at this time of the year, so it is inviting to participate in an air-conditioned venue rather than sweating outside. This is also a great time to invite newcomers to the sport so they will be more prone to join a league in the fall. Whatever else you do this summer, just make sure you have fun. Please keep an eye on the weather reports and stay safe.

Looking forward to seeing you at the convention and as always “may the good scores be yours.”

## Pepsi Tournament

Allen Solomon

The Pepsi Tournament was held at Capital Lanes in Tallahassee for five weekends from March 18 through April 23. Over 2600 youth bowlers from every corner of Florida participated in this year’s event. Visit Tallahassee was a great host and added a lot for participants and their families to do in our state capital. Scholarships awarded totaled \$105,048 to over 900 participants.

Some highlights from the tournament are: 11 Strikes in row, by **Cameron Morton** of Jacksonville, with a 299 game; 11 Strikes in row by **Dalton Boice** of Ormond Beach, with a 299 game; **Bryan Blatt** of Tampa, 278, 289, 1461; **Jackson Day** of Tampa, 287; **Justyn Duran** of Orlando, 280; **Jake Everson** of Sanford, 279; **Peyton Tran** (U12) of Pensacola, 279; **Philip Knutson** of Apopka, 279; **Kayden Brenning** of Tampa, 279; **Johnny Freel** of Orange Park, 279; **Jeremy Batt** of Palm Coast, 278; **James Drehoble** of Orlando, 278; **Eli Anckner** of Jacksonville, 277; **Sophie Saunders** of Stuart, 276 of Cape Coral, 276; **Samuel Maresca** of Tampa, 276; **Cooper Metz** (U12) of Clearwater, 267; **Nicholas Chan** (U12) of Miami, 239, 783; **Justus Bright** (U12) of Pensacola, 236, 776.

**Bruno Brandao** of Orlando, 1440; Devin Richards of Ft. Myers, 1400; **Grant Elliott** (U12) of Seminole, 788; **Vincent Cintron** (U12) of Jacksonville, 779, 755; **Kristopher Wagner** (U12) of Deland, 777, 761; **Kristopher Koehler** (U12) of Stuart, 773; **Jason Concha** (U12) of Lauderhill, 761; **Colton Takas** (U12) of Stuart, 760, 754.



The Director's Good Sportsmanship Award goes to youth bowlers **Ryan Funk** and **Braden Colaire** of Tallahassee, who volunteered to help nearly every squad of the entire event. They both came through when squads got tough! Great kids and pretty good bowlers, too!

During the last weekend we had a couple of real treats, on Saturday, center employee and former youth bowler Brandon Stacy played the National Anthem on his saxophone. Then on Sunday, Tallahassee youth bowler Hope Mortham sang the National Anthem. You can see both of these great performances on our Facebook page, Florida Pepsi Tournament.

Champions and scholarships awarded at the Pepsi Tournament are:

U8 Girls: **Hailey Helms**, Lakeland - \$400;  
U8 Boys: **Scott Cranford**, North Port - \$400;  
U10 Girls: **Lillirae Haskins**, Hilliard - \$450;  
U10 Boys: **Kristopher Koehler**, Stuart - \$500;  
U12 Girls: **Sophia Turjillo**, Cocoa - \$450;  
U12 Boys: **Vincent Cintron**, Jacksonville - \$500;  
U15 Girls: **Carly Rhodes**, Largo - \$500;  
U15 Boys: **Tyson Lane**, Holdiay - \$600;  
U18 Girls: **Madison Colston**, Seminole - \$500;  
U18 Boys: **Bruno Brandao**, Orlando - \$600.

Champions and scholarships awarded of the Florida Handicap Finals are:

U12 Girls: **Kailani Santana**, Ft. Lauderdale - \$500;  
U12 Boys: **Thorin Finney**, Panama City Beach - \$500;  
U18 Girls: **Eva Garcia**, Miami - \$500;  
U18 Boys: **Parker Lee**, Lynn Haven - \$600.

Complete results can be found on our web page: [FloridaStateUSBC.com](http://FloridaStateUSBC.com).

Next year's events will be held at Lakeside Lanes in Tavares (Lake Co.). Rules packets will be emailed to centers and youth directors in late September. If you are, or have, a new youth director in your center please send your email address to Allen Solomon at [beachbowlyouth@aol.com](mailto:beachbowlyouth@aol.com) In-center house qualifying will take place during November and January. We would hate to have any Florida youth bowler

miss out on this tournament opportunity as next year we will top \$100,000 in scholarship payouts again.



## Greater Tampa USBC

Dalia Keyes

Greetings to All

The Greater Tampa USBC Association has been busy running the open state tournament and it has been a lot of work but in the end, you can make good money in ways & means. This tournament runs eight weekends, and we are there from 7 AM to 7 PM for most of us pitching in and doing whatever needs to be done. I want to personally thank our board members who put in many hours to help make this event a success.

We had our annual meeting in March, and I was pleasantly surprised that for the first time in years we had met our quorum and even exceeded the number needed and the meeting went very well.

Bill Walker was re-elected president for his final 3-year term. Directors elected were: Mike Lee, Don Gould and two newcomers Darlene Rummell and Mike Zelazo. We welcome you both to our board and look forward to working with you.

We elected five delegates for the State Convention in October, and they are Vonda Stringfield, Myra Harvey, Vinda Woodson, Chrissy Lee, and Michael Lee.

Delegates elected to Las Vegas in 2024 are Dalia Keyes, Bill Walker, Vonda Stringfield, Myra Harvey, and Reggie Hendricks. The alternates are Vinda Woodson, Michael Lee, and Barb Eder.

We are getting ready for our summer leagues to start up.

Until next time, hope everyone stays safe and healthy.

The Space Coast USBC BA hopes everyone had a good Memorial Day weekend.

**SPACE COAST TO BE IN 2023!!!**  
**Southeast Bowling Association Handicap Tournament**

The 32nd Annual Southeast Bowling Association Handicap Tournament on May 20, 2023, to June 25, 2023, has started. The host bowling centers are River Lanes in Titusville for the Team Event and Bowlero Melbourne in Melbourne for the Singles & Doubles Events.

The Southeast Bowling Association Handicap Tournament (SBA) returns to the Space Coast after 21 years since it was last hosted in 2002 with River Lanes in Titusville and Shore Lanes Merritt Island in Merritt Island as being host centers. The 1st Southeast Bowling Association Handicap Tournament was hosted in 1992 by the Florida Space Coast BA in Melbourne and Palm Bay. The Southeast Association comprises of 7 Southeast States (Alabama, Florida, Georgia, North Carolina, South Carolina, Tennessee and Virginia).

The Space Coast USBC BA are excited to bring the tournament back to the Space Coast and Florida. We hope you will have time in your busy bowling schedule to support and participate in this tournament. Be sure to check our Facebook page and our Web Site [www.scusbcba.com](http://www.scusbcba.com) for entry information.

We hope to see you here on the Space Coast.



**Modern Technology VS Old School – Bowling Scores**

Technology is always evolving and improving. This is true for bowling. Bowling balls for example are always changing as it seems the bowling ball manufacturers have new models out there every year.

For this topic, we will be talking about the bowling scoring system. In most of today's modern bowling centers they have an automatic scoring system.

Back in the day bowling scores were done by hand where you had to do the math to add up the scores. It may be simple enough, but do you know how to score after a spare or a strike? When was the last time that you took score and did the math adding the frames up?

The traditional bowling center of the early 20th century was advanced in automation when the pinsetter person ("pin boy"), who set back up by hand the bowled down pins, was replaced by a machine that automatically replaced the pins in their proper play positions in the 1950's.

The automatic scorer was first field tested at Village Lanes bowling center, Chicago in 1967. The scoring machine received approval for official use by the American Bowling Congress in August of that year. They were first used in national official league gaming on October 10, 1967. In November Brunswick announced that they were accepting orders for the new digital computer, which cost around \$3,000 per bowling lane. Bowling centers that installed these new automatic scoring devices in the 1970s charged a dime extra per line of scoring for the convenience.

So that is the history of the automatic scorer. Some of us, who are old enough, might remember coming to the bowling center to bowl and getting a paper scoresheet or overhead transparency scoresheet that was projected on the screen above the lanes.

So, with modern technology evolving the question does come up. Do you know how to keep score? Do the current youth bowlers know how to keep score? The youth probably never heard of a transparency scoresheet. Do the seniors in the bowling centers know how to keep score? Do bowlers on your leagues know how to properly keep score?

These are interesting questions to be asked to the bowlers in your association and of your board members. So, the next time you are at your bowling league or local tournament ask the bowlers around you.

Do you know how to keep score?

1	2	3	4	5	6	7	8	9	10
5 /	4 0	8 1	X	0 /	X	X	X	4 /	X X 5
<b>14</b>	<b>18</b>	<b>27</b>	<b>47</b>	<b>67</b>	<b>97</b>	<b>121</b>	<b>141</b>	<b>161</b>	<b>186</b>

The answers that you get may surprise you. We are all depending on the latest technology to help us out in the world today to make life easier. But sometimes you just must go back and reminisce of how I took score back in the day.

## Class of 2023 Graduates

As the school year ends, the senior class graduates are preparing a new chapter in their future. Continuing with their education, entering the service branches, or entering the workforce.

We like to congratulate the Class of 2023!!!

We wish you the very best in your future endeavors on what your dreams and aspirations are.

The following is a quote from Tom Hanks:

"The future is always uncertain, but we who celebrate what you have done, who celebrate all of your achievements, we are certain of one thing on this day: You will not let us down."

Orlando Regional USBC

Pam Watson

On May 13<sup>th</sup>, we had our annual meeting at Boardwalk Bowl at 2 p.m. to induct our newest member into the Orlando USBC Hall of Fame. Angela Williams was inducted into the ORUSBC Hall of Fame in the category of Superior Performance. This was a well-deserved award for Angela as she has many achievements in the sport of bowling in Orlando – (4) 300 games, high series of 767, high average of 211 and a member of the All-City team 4 times. Angela has consistently averaged over 200 for the past 20 plus years and has 10 City Championships. Although Angela is a quiet person – she is highly competitive, kind, thoughtful and a true role model for our sport on and off the lanes. I was truly honored to be present to watch my friend as she received this award, **Congratulations Angela!**

At the annual meeting we also elected some new officers and directors to serve new 3-year terms starting August 1<sup>st</sup>:

President – Gale Angelillo

3<sup>rd</sup> Vice President – Jennifer Serowchak

Directors:

- Lili Moore
- Pete Pierce
- Michelle Serowchak
- Diane Simboli
- Lisa Yuknavage

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We look forward to the new season with the ORUSBC newly elected officers and directors.

The USBC National Convention was held in South Point Resort and Casino in Las Vegas, NV on April 25-27, 2023. I was elected as a delegate to attend this convention for the first-time representing Orlando Regional USBC. As I packed my bags to fly to Las Vegas I truly had no idea what to expect or what the convention was all about....well, let me just tell you...**IT WAS AMAZING!!** The motivational speaker, Vera Jones, kicked off the convention with a very motivating and exhilarating message – she grabbed my attention even though I was sitting close to the back of the room! I was so impressed with her stories and message that I bought all her books that she was selling outside in the hallway during lunch! The message that captured me the most was her story about how she discovered her **New Best Friend: A Little Book of Faith!** It's a story of how one woman discovered that the friends she was hanging with (Worry and Doubt) were only dragging her down, but since she made a new best friend (Faith) everything has turned around. It was a quick little story that as I read it truly made a lot of sense! Sometimes you have to just have Faith....with Faith you will gain a new outlook, happiness, and strength to conquer those obstacles. So, from there I went into my workshops for the day with lots of energy and positive thoughts. I truly enjoyed all the workshops that I attended – they provided me with information that I can use professionally and personally in my life. There was a workshop that truly stood out to me though – it was a workshop on Best Approach to Leadership Excellence! Now the speaker in this workshop was very energetic....I mean very energetic! The message that stuck with me was being positive in your thoughts of how you approach each day....tell yourself every morning in the mirror **I AM AMAZING!** Then you can tell the people around you....**YOU ARE AMAZING....WE ARE AMAZING!** So, as I returned to my hotel room and proceeded to share with my friends on how my day went and I told them about this workshop....they laughed! Well, I will tell you they heard me say more than once I AM AMAZING, YOU ARE AMAZING, and WE ARE AMAZING! I carried that positive energy right on through the rest of the week as we bowled Women's Nationals on Thursday and Friday before we headed back to Orlando. I may not have bowled AMAZING, but I had an AMAZING trip! I truly was impressed with the USBC National Convention and would definitely recommend that if you have the chance to go....GO!

The ORUSBC has had an AMAZING season and we look forward to the 2023-2024 season with positive thoughts and energy! I hope everyone has an AMAZING summer and we will see you on the lanes!

Once again, I thank all of our contributors. I truly appreciate your submissions. I believe that those that read our newsletter do enjoy it and hope that they pass it on to their friends and fellow bowlers.

I would like to personally thank Katheryn Auton for all that she has done for Florida bowling and our bowlers. I hope that you enjoy your retirement!

